



Pokhara Tandem Paragliding

Soar like an eagle above Phewa Lake with the Annapurna range on the horizon. Pokhara is one of the world's best places to paraglide, and no experience is needed: you fly in tandem with a certified pilot from Sarangkot (1,600 m), riding the thermals for 20–30 minutes before landing by the lake. Photos and video of your flight are available.

DURATION	DIFFICULTY	MAX ALTITUDE	GROUP SIZE
3 hours	Easy	1,600 m	1–15

HIGHLIGHTS

- 20–30 minute tandem flight with a certified pilot
- Views of Phewa Lake and the Annapurna range
- Take-off from Sarangkot (1,600 m)
- No experience needed
- Hotel pick-up in Pokhara Lakeside
- Optional photos and video of your flight

DAY BY DAY

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Tandem paragliding over Pokhara

Pick-up from your hotel in Lakeside and drive to the take-off site at Sarangkot. After a safety briefing you fly for 20–30 minutes with your pilot and land beside Phewa Lake.

1,600 m · 0.5 h walking

WHAT'S INCLUDED

Included

- Tandem flight of 20–30 minutes with a certified pilot
- All flying equipment
- Hotel pick-up and drop-off in Pokhara Lakeside
- Insurance for the flight

Not included

- Photos and video (about NPR 2,500)
- Tips

GOOD TO KNOW

Payment

Send a booking request with your preferred date. We confirm availability within 24 hours and send you the payment details with your confirmation. Your place is secured once the deposit is received; the balance is due before the trip starts.

QUESTIONS TRAVELLERS ASK

Is paragliding safe?

We fly only with licensed companies and experienced pilots using certified equipment. Flights are cancelled when the weather is unsafe, with a full refund or a new date.

Are there weight or age limits?

Passengers usually weigh between 20 and 100 kg. Children can fly with a parent's consent. Please tell us about any medical conditions when you book.

Dates, prices and booking

tripnep.io/tours/pokhara-paragliding

Questions? hello@tripnep.io